

AMERICAN SOCIETY OF SAFETY ENGINEERS



ASSE



AUGUSTA CHAPTER NEWSLETTER

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November 7th Meeting

Technical Tour Bridgestone Americas Tire Operations Aiken County Plant

Tuesday, November 7th, 2012

11:30am-1:00pm

MANDATORY RSVP at the website www.asseaugusta.org
or call the ASSE Voicemail at 706-790-6551 x2773 (ASSE)



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IH Corner Stand Up

Couch potatoes may have an increased risk of chronic kidney disease, even if they take time out from sitting to exercise vigorously, a new study suggests.

British researchers found that people who spent the least amount of time sitting were also the least likely to have chronic kidney disease. And that was especially true for women who spent less than three hours a day seated, according to the study published in the American Journal of Kidney Disease.

It's not clear how sedentary behavior could lead to kidney disease, said study co-author Thomas Yates, a researcher at the University of Leicester and the University Hospitals of Leicester NHS Trust.

But, sitting has also been linked to other chronic diseases, such as type II diabetes, Yates said.

"Sitting jobs need to be broken up with periods of standing," Yates said. "As these findings start trickling down to the public consciousness, it is hoped it will affect occupational health considerations."

Yates and his colleagues surveyed 5,650 Britons, asking about lifestyle factors such as smoking, exercise and sitting time. They also examined the study volunteers for signs of kidney disease. The researchers found a link between hours spent sitting and kidney disease, even after they took into account factors such as smoking, age, gender, ethnicity, body-mass index, blood pressure, medications and hours spent exercising

Need a good IH? Give me a call, I know a few. 706-722-3310

Matthew Parker, MS, CIH, CSP
Cardno ATC

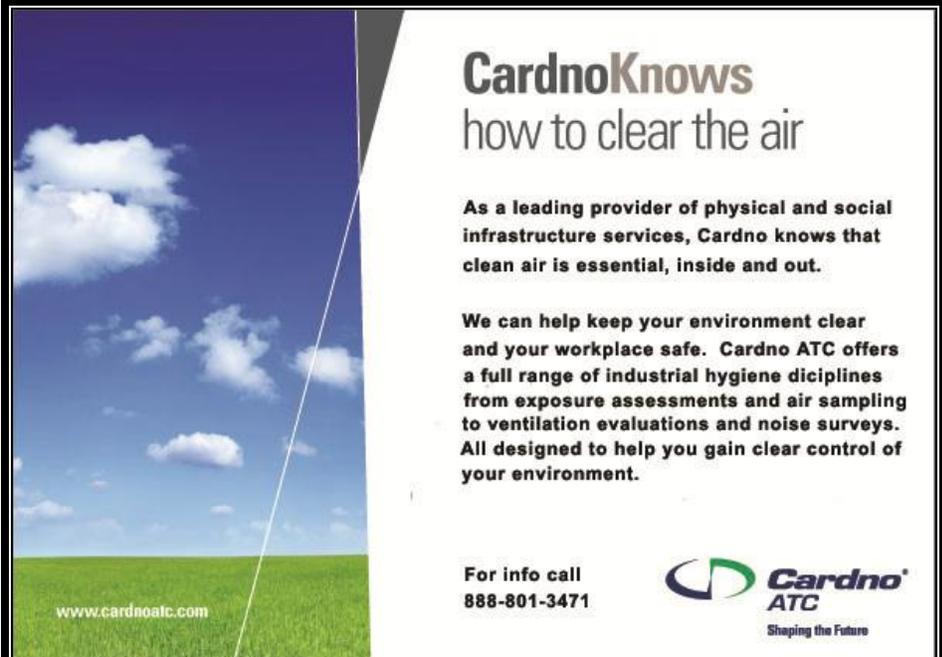
Protecting Women Workers

On August 9, Dr. David Michaels, Assistant Secretary of Labor for OSHA, joined Secretary Solis in Las Vegas, Nev., for a special forum entitled "Working for Women: Your Job, Your Rights," on the challenges facing women workers today. Together with the Secretary, Dr. Michaels talked about what the Department of Labor is doing to get women back to work and to protect their rights on the job. In particular, Dr. Michaels discussed OSHA's work to protect women workers throughout the nation—highlighting the agency's robust efforts in hair and nail salons, healthcare, outdoor labor, and construction.

Quote of the Month

I believe we can seize this future together because we are not as divided as our politics suggests. We're not as cynical as the pundits believe. We are greater than the sum of our individual ambitions, and we remain more than a collection of red states and blue states. We are and forever will be the United States of America.

Barak Obama



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Asbestos Whistleblower

The U.S. has filed a lawsuit against Albany-based demolition and construction disposal contractor Champagne Demolition LLC for allegedly firing an employee who reported improper asbestos removal practices while working at Gloversville High School. The employee was fired the next day and subjected to verbal threats and legal action. The worker then filed a complaint with the OSHA, which opened a whistleblower investigation and found merit to the worker's allegations.

ASSE AUGUSTA CHAPTER NEWSLETTER

Enhancing Firefighter Safety

The U.S. Fire Administration (USFA) issued a press release announcing its partnership with the International Association of Fire Chiefs (IAFC). Both organizations will launch a study that will: Identify individual and organizational behaviors that adversely impact firefighter health and safety, and Develop strategies to mitigate them. According to the press release, organizational leadership and personal responsibility are essential to a culture change that will improve firefighter safety.

The study also adheres to an initiative of the National Fallen Firefighters Foundation, which calls for a change in safety culture in the firefighter profession.



Future Meetings

No December meeting.
January 8th (topic/speaker TBD)



New from NIOSH: Safety resources for small businesses

NIOSH has issued a new Small Business Safety and Health Resource Guide, which is intended to assist small business owners as they seek out training materials, and recommendations for ensuring the safety and health of their workers. The resource guide includes sections on: general information, guides and courses, specific occupations and hazards, regulations, consultation services, and emergency preparedness. It also contains summaries of and links to more than 50 websites produced by commercial, academic, and government organizations.

<http://www.cdc.gov/niosh/topics/smbus/guide/guide-1.html>

USFA Releases Home Heating Fire Report, Issues Safety Tips

Just in time for the cool season

The United States Fire Administration (USFA) has issued a special report on home heating fires, according to a USFA press release. Heating Fires in Residential Buildings (2008-2010) reveals that:

- From 2008-2010, about 50,000 heating fires in residential buildings were reported each year.
- On average, about 150 people were killed, 575 injuries were recorded, and \$326 million in property were lost every year because of these fires.
- Thirty percent of these residential fires occurred between 5 pm and 9 pm, peaking between 6 pm and 8 pm.
- Confined fires – those restricted to chimneys, flues, or fuel burners – caused 87% of all residential building heating fires.

The USFA press release also said that 30% of nonconfined residential building heating fires happened because the heat source was too close to combustibles. To help prevent such fires, the USFA advises homeowners to:

- "Maintain heating equipment and chimneys by having them cleaned and inspected annually by a qualified professional."
- "Use heating equipment that has the label of a recognized testing laboratory."

Membership Stuff

Ready to join? Don't know how? You can apply online: <http://www.asse.org/membership/becomeamember.php>

Newsletter Stuff

If you are not receiving this from matthew.parker@atcassociates.com please send me an email

Picture of the Month



No Caption Needed.

EU-OSHA to Address Workplace Stress, Other Psychosocial Risks

Reports from the European Agency for Safety and Health at Work (EU-OSHA) discuss the management of psychosocial risks at work as “drivers and barriers” for psychosocial risk management in the workplace. These reports were released following recent findings of the 9 European Survey of Enterprises on New and Emerging Risks (ESENER). ESENER found that 3 percent of businesses address psychosocial risks “in a fully holistic and systematic way,” and 12 percent of businesses did not implement any “key measures” for managing the risks covered in the survey. According to EU-OSHA’s press release, 79 percent of managers in the EU are concerned about stress at work, 40 percent are concerned about harassment and violence in the workplace, and 74 percent of EU businesses do not have procedures in place to deal with stress and other psychosocial risks.

The report is available to download as PDFs from EU-OSHA’s website:

• “Management of psychosocial risks at work”:
<http://osha.europa.eu/en/publications/reports/management-psycho-social-risks-esener/view>

HSE Assesses Exposure Risks of Using Compressed Air for Removal of Metalworking Fluids

Workers are at a significant risk of dermal exposure to metalworking fluids (MWFs) when using compressed air to remove used MWFs from machined components and machinery in metalworking workshops, according to a recent research report funded by the U.K.’s Health and Safety Executive (HSE). Researchers found that there may also be a risk of breathing in mist particles resulting from the use of compressed air in the removal of MWFs in the workplace. Potential exposures to MWFs and respirable mist particles were investigated in a test chamber and then in a workplace study.

Researchers recommend the use of control systems and personal protective equipment to protect workers from dermal exposure to MWFs. The report concludes that there are techniques to minimize the risk of exposure to respirable mists when using compressed air; one example is to identify the air pressure sufficient to remove MWFs, thereby minimizing mist formation.

View the full report, “Mists created by the use of compressed air for the removal of metalworking fluids: Assessment of the possible exposure health risks,” as a PDF on HSE’s website.

<http://www.hse.gov.uk/research/rrhtm/rr904.htm>

Essential Truths...

The problem with political jokes is they get elected.

~ Henry Cate, VII

We hang the petty thieves and appoint the great ones to public office.

~ Aesop

If we got one-tenth of what was promised to us in these State of the Union speeches, there wouldn't be any inducement to go to heaven.

~ Will Rogers

Politicians are the same all over. They promise to build a bridge even where there is no river.

~ Nikita Khrushchev

Chapter Education Assistance

The Augusta Chapter Educational Assistance Program provides money to individual members for educational assistance in the fields of environmental, safety or health. The money must be used for training, education or certification in these fields. The Chapter will issue annual awards to approved recipients in the amount of \$250 or \$500. The amount and approval will be determined by the Chapter Board of Directors. Any request must be accompanied by a complete and separate application questionnaire. Recipients must be an active member in good standing. Monies will be paid to the institution/organization providing the training or certification. The Application form is provided below

Request for Financial Award Questionnaire

By completing this questionnaire, I am applying for financial assistance, which may be awarded from the American society of Safety Engineers Augusta Chapter. I understand this award is to be in the amount of monies to be determined by the American society of Safety Engineers Augusta Chapter and will be donated once per year. Future awards will be considered by the American Society of Safety Engineers Augusta Chapter by separate applications.

Signature _____ Date _____

1. Are you an active member of the local ASSE & National ASSE? (*Attend a minimum of five (5) monthly meetings per year*)
2. Are you working in an Environmental, Safety & Health job at this time?
3. Are you pursuing certification or a degree in the Environmental, Safety & Health field?
4. What training/certification or degree are you pursuing?
5. Does your employer pay for any of your educational expenses? How much?
6. What is your current mailing address?

Home: _____	Business: _____
_____	_____
_____	_____

7. Please give a brief summary of your immediate and long term goals as related to the profession and professional development.

8. What institution/organization are you enrolled in for pursuing this certification or degree?
